



**MemoryLane**  
CARE SERVICES

# DAYBREAK

*The Adult Day Center Newsletter*



**June**  
2019

2500 North Reynolds Road, Toledo, OH 43615 (419) 720-4940  
www.memorylanecareservices.org

Day Center Hours of Operation 7:30 to 5:30 M-F  
www.facebook.com/MemoryLaneCare/

Dear Caregivers,

June is already here and the first official day of summer is just around the corner. We are all hoping the rain starts to let up so we can get out and enjoy all of the beautiful greenery and flowers on the patio. With all of the rain the Ohio landscape is especially green and beautiful this year. For anyone that does not know, we have a patio on the side of the building. We have been busy planting and cleaning it for activities on the patio. Whenever possible during the summer months the schedule often gets changed so everyone can go outside to enjoy some fresh air and sunshine. So don't be surprised if you come into the center and find everyone outside enjoying lemonade and music instead of the crafting or exercise group. We do try to take advantage of the sunny days here in Northwest Ohio whenever possible.



This month we will be celebrating Father's Day. On Friday June 14<sup>th</sup> at 2:45 the participants we will enjoy a snack of chicken and ham salad sandwiches, chips and dip and other assorted goodies. Father's Day activities throughout the month include a discussion on the history of Father's Day, Fatherly Wit and Wisdom and Famous Fathers and sons. Did you know that on May 18, 1914 Woodrow Wilson signed papers declaring the second Sunday in May officially Mother's Day. It took 68 more years to for Father's Day to become official. In 1972 Richard Nixon made the third Sunday in June Father's Day.

Music programs in June include David Putano on June 3<sup>rd</sup>, Lee Warren on June 5<sup>th</sup>, John Barille and friends on June 12<sup>th</sup> and to round off the music for the month the Joe LaConey Band on Wednesday June 19<sup>th</sup>. Family and friends are always welcome to come and join us for programs throughout the month. Please join us for the fun!

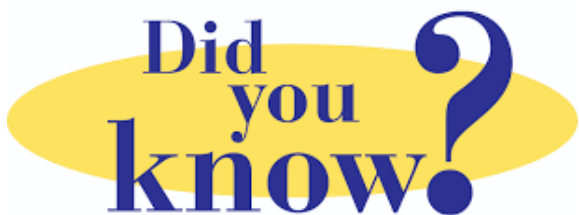
June has traditionally been a popular month to get married. The month of June gets it's name from Juno, the Roman goddess of marriage. Many people today continue the tradition of getting married in June as it was thought that couples who married in this month would be blessed with happiness and riches. So on June 27<sup>th</sup> we will be reminiscing about weddings. If you have wedding photos, old wedding dresses or other memorabilia you would like to share please contact Gale and send the items in by Monday June 24<sup>th</sup>.



Sincerely,

Gale Begley  
Activity Director

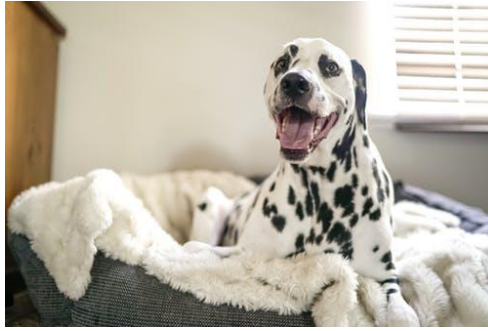
Jessica Drouillard  
Respite and Operations Director



You can find our newsletter on our website online and through our Facebook page! We can also email it to you or other family members to keep them up to date on what is happening in the Center. We are really trying to boost our Facebook page Likes so please Like and Share our Facebook page if you haven't already. We post a lot of pictures and videos of the activities in the Center!

\*\*\*\* PLEASE EXCUSE THE MESS \*\*\*\*

**RENOVATIONS ARE IN FULL SWING IN THE DAY CENTER AND OFFICES. WE ARE HAPPY TO SHARE OUR PROGRESS AND FOLLOW US ON FACEBOOK TO SEE ALL THE NEW CHANGES.**



**“SPOTS” AVAILABLE 😊**

**\*\*\*WE HAVE OPENINGS IN THE DAY CENTER... IF YOU WOULD LIKE ADDITIONAL DAYS OR KNOW OF A FAMILY THAT COULD BENEFIT FROM THE DAY CENTER, PLEASE GIVE GALE BEGLEY A CALL @ 419-720-4940\*\*\***

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## **PROGRAMS AND SERVICES FOR OLDER ADULTS AND CAREGIVERS**

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### **RESPIRE SERVICES: FAMILY CAREGIVER SUPPORT PROGRAM**



Families, not social service agencies, nursing homes or government programs, are the main providers of long-term care for older persons in Northwestern Ohio. The National Family Caregiver Support Program implemented as a part of the Older Americans Act of 2000 recognizes the monumental role caregivers play in caring for older family members. Under this program five basic services are available: information to caregivers about community services and resources; assistance to caregivers in gaining access to services; counseling, support groups, and caregiver training; respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities; and supplemental services, to complement the care provided by family caregivers.

For more information about this program, you can contact the AOoA at 419-382-0624.

### **SENIOR FARMERS' MARKET NUTRITION PROGRAM**



The 2019 Senior Farmers' Market Nutrition Program provides \$50 worth of coupons to eligible adults 60 years of age or over to purchase locally grown, fresh fruits, vegetables, herbs and honey from local farmers.

Everyone is required to complete an application at the start of each year. Applications can be found on the Area Office on Aging's website at: <https://www.areaofficeonaging.com/programs> and at our front desk.

## ~June Activities – The Center at Reynolds ~

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Debra 1:00 Music Sing Along with David Putano 2:00 Team Games with Pat and Debra 2:00 Crafting with Leigh and Carol 3:30 Sing Along with Debra 4:15 Dancing with Pat	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Kenny 1:00 Family Feud with Janis 2:00 Team Games with Rosie 2:00 Name Ten/Holly 3:30 Balloon Volley with Holly 4:15 What Am I? with Debra	10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Rosie 1:00 Music with Lee Warren 2:00 Team Games with Debra and Rosie 2:00 Small Group with Holly in Garden Room 3:30 Bingo with Holly 4:15 Reading Club with Debra/Chicken Soup	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Charades with Kenny and Janis 2:00 Team Games with Pat 2:00 Fancy Fingers with Holly in Garden Room 3:30 June IQ with Holly 4:15 Folding and Sorting/ Pat	10:30 Morning Chat and Groove with Rosie 11:00 Tai Chi with Holly 1:00 Friday Matinee 2:00 Josina Lott Visits/ Bingo with Holly 3:30 What Comes Next? With Leigh 4:15 Bowling with Pat
10	11	12	13	14
10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Debra 1:00 Father's Day Watercolors with Kenny 2:00 Team Games with Pat and Debra 2:00 Crafting with Leigh 3:30 "In the Good Old Summertime" with Debra 4:15 Dancing with Pat	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Kenny 1:00 Penny Ante with Janis 2:00 Team Games with Rosie 2:00 Outburst with Holly 3:30 Boat Category Game with Holly 4:15 "Remembering a Trip to the Aquarium" with Debra	10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Rosie 1:00 Music with John Barille and Friends 2:00 Team Games with Debra and Rosie 2:00 Father's Day IQ, Wit and Wisdom with Holly 3:30 Bunco with Holly 4:15 "What Am I?" with Debra	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Janis 1:00 Men's Group with Kenny 2:00 Team Games with Pat 2:00 The Syllable Game with Holly 3:30 Father's Day Discussion with Holly 4:15 Red or Black with Pat	10:30 Morning Chat and Groove with Rosie 11:00 "It's a Grand Old Flag" with Holly 1:00 Friday Afternoon Matinee 1:00-2:45 Small Groups 2:45 Father's Day Party 3:30 Pluck the Chicken with Leigh 4:15 Velcro Ball with Pat
17	18	19	20	21
10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Debra 1:00 Music on the Patio with Kenny 2:00 Stories with Heidi from the Library 3:30 Sing Along with Debra 4:15 Dancing with Pat	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Imagine That with Rosie Best 2:00 Team Games/Rosie 2:00 Summer Reminisce with Holly 3:30 Chime Category Game with Holly 4:15 "A Rose is a Rose" with Debra	10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Rosie 1:00 Joe LaConey Band 2:00 Team Games with Debra and Rosie 2:00 Small Group with Holly 3:30 Bingo with Holly 4:15 "A Flag for All Seasons" with Debra	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Janis 1:00 Poker Dice with Kenny 2:00 Team Games with Pat 2:00 Fancy Fingers with Holly in Garden Room 3:30 Pears Category Game with Holly 4:15 Folding and Sorting with Pat	10:30 Morning Chat and Groove with Rosie 11:00 Exercise with Holly 1:00 Friday Afternoon Matinee 2:00 Josina Lott Visits/Crafting with Leigh 3:30 Sing Along with Leigh 4:15 Dancing with Pat
24	25	26	27	28
10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Debra 1:00 Poker Dice with Kenny 2:00 Team Games with Debra and Pat 2:00 Crafting with Leigh and Carol 3:30 "A Budding Sense of Humor" with Debra 4:15 Dancing with Pat	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Kenny 1:00 Bunco with Janis 1:30 Clay Pot Lady Bugs with Rosie and Holly 3:30 Camp Category Game with Holly 4:15 Folding and Sorting with Debra	10:30 Morning Chat and Groove with Janis 11:00 Tai Chi with Rosie 1:00 Summer Fashion Show with Kenny and Janis 2:00 Team Games with Debra 2:00 Summer Wedding Collage with Holly 3:30 Games with Holly 4:15 Reading Club with Debra	10:30 Morning Chat and Groove with Kenny 11:00 Exercise with Rosie 1:00 Table Games with Janis 1:00 Penny Ante with Kenny 2:00 Wedding Reminisce with Holly and Pat 2:45 Cake and Punch 3:30 "Five Item What is it" with Holly 4:15 Red or Black with Pat	10:30 Morning Chat and Groove with Rosie 11:00 Tai Chi with Holly 1:00 Friday Afternoon Matinee 1:00-2:45 Small Groups 3:30 Folding and Sorting with Leigh 4:15 Bean Bag Toss with Pat

# -JUNE MENU-

<p>3</p> <p>A) Meatloaf w/ Brown Gravy B) Pineapple Chicken Cheesy Whipped Potatoes Green Beans Dinner Roll Fresh Fruit</p>	<p>4</p> <p>A) Chicken Rice Casserole B) Creole Steak Baby Carrots Broccoli &amp; Cauliflower Dinner Roll Butterscotch Pudding Alt: Diet Vanilla Pudding</p>	<p>5</p> <p>A) Beef Taco Pie B) Chilaquiles Casserole Mexican Rice Stewed Tomatoes Tortilla Fresh Fruit</p>	<p>6</p> <p>A) Oven Fried Chicken Patty B) Turkey Ham and White Beans Baked Sweet Potato Mixed Vegetables Multi Grain Bread Chocolate Chip Cookie Alt: Diet Cookie</p>	<p>7</p> <p>A) Pork Roast B) Turkey with Supreme Sauce Garden Rotini Cabbage Wheat Roll Pineapple Tidbits</p>
<p>10</p> <p>A) Beef Chili B) Vegetarian Chili Baked Potato with Sour Cream Green Peas Breadstick Pears</p>	<p>11</p> <p>A) BBQ Rib Patty B) Hamburger Patty Both on a Hamburger Bun Macaroni and Cheese Spinach Fruit Cocktail</p>	<p>12</p> <p>A) Chicken Parmesan B) Beef Italiano Rotini &amp; Tomatoes Broccoli Wheat Bread Peanut Butter Cookie Alt: Diet Cookie</p>	<p>13</p> <p>A) Turkey Breast w/ Gravy B) Swiss Steak Country Potatoes Yellow Squash Wheat Roll Strawberry Fluff Alt: Diet Fruited Gelatin</p>	<p>14</p> <p>A) BBQ Chicken B) BBQ Pork Both on a Hamburger Bun Baked Beans Whole Kernel Corn Fresh Fruit Chocolate Swirl Pudding Alt: Diet Vanilla Pudding</p>
<p>17</p> <p>A) Meatballs with Gravy B) Mushroom Chicken Garlic Rotini Summer Vegetables Wheat Roll Pears</p>	<p>18</p> <p>A) Beef Tacos B) Chicken Tacos Both on a Flour Tortilla W/ Taco Sauce and Sour Cream Shredded Cheese Lettuce &amp; Tomato Mexican Rice Refried Beans Fresh Fruit</p>	<p>19</p> <p>A) Ham and White Beans B) Vegetable Bean Stew Okra and Tomatoes Sliced Carrots Dinner Roll Cranapple Crisp Alt: Diet Hot Apple Slices</p>	<p>20</p> <p>A) Garlic Rosemary Chicken B) Roast Beef with Gravy Oven Roasted Potatoes Green Beans Multi Grain Bread Fresh Fruit</p>	<p>21</p> <p>A) Hawaiian Turkey Ham B) Pepper Beef Steak Parslied Potatoes Broccoli with Cheese Wheat Bread Lemon Pudding Alt: Diet Vanilla Pudding</p>
<p>24</p> <p>A) Salisbury Beef with Brown Gravy B) Honey Mustard Chicken Buttermilk Potatoes Green Beans Wheat Bread Fresh Fruit</p>	<p>25</p> <p>A) Ham Macaroni Casserole B) Savory Beef Patty Spinach Zucchini &amp; Tomatoes Breadstick Fruit Cocktail</p>	<p>26</p> <p>A) Creamy Paprika Chicken B) Turkey Breast with Gravy Macaroni and Cheese Italian Vegetables Multi Grain Bread Fruited Gelatin Alt: Diet Fruited Gelatin</p>	<p>27</p> <p>A) Glazed Ham B) Baked Chicken Breast with Chicken Gravy Succotash Glazed Carrots Cornbread Fresh Fruit</p>	<p>28</p> <p>A) Lasagna Casserole B) Spinach Lasagna Green Peas Mixed Green Salad with Italian Dressing Texas Bread Apple Crisp Alt: Diet Hot Apple Slices</p>
	<p>Food Allergy and Ingredient List Available from Valley Services at 419-382-5791</p>		<p>All meals are served with milk. "Option A" meals will be ordered unless families request the alternate "Option B"</p>	

## EASY WAYS TO SUPPORT THE ADULT DAY CENTER



1) IF YOU SHOP ON-LINE THROUGH AMAZON, USE [smile.amazon.com/ch/81-2432321](https://smile.amazon.com/ch/81-2432321) AND AMAZON DONATES A PORTION FROM EACH PURCHASE TO MEMORYLANE CARE SERVICES (FORMALLY ALZHEIMER'S AND DEMENTIA CARE SERVICES OF NORTHWESTERN OHIO).



2) SIGN UP FOR KROGER COMMUNITY REWARDS AND A PERCENTAGE OF YOUR EVERYDAY PURCHASES WILL HELP SUPPORT OUR ORGANIZATION. FOR THOSE OF YOU WHO HAVE NOT ALREADY SIGNED UP, SEARCH FOR: ALZHEIMER'S AND DEMENTIA CARE SERVICES NW OHIO OR SEARCH BY OUR ACCOUNT # EA388

**100% OF ALL FUNDS RAISED REMAIN IN OUR LOCAL COMMUNITY!!!**

MemoryLane Care Services partially supported by:

